

KTA

KOREAN TAEKWONDO of AMERICA

NEWS LETTER

March 31, 2008 Editor: William Midgley
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Student of the Month

Nicolas Aberio – Nicolas has been part of KTA for a year and a half, and he attends Kernan Middle School. Besides Taekwondo, one of his hobbies is playing drums. He says "I like the Taekwondo Culture and the Forms", and his favorite tenet of the Five Tenets of Taekwondo is Indomitable Spirit, a tenet which he personifies. He will be participating in the KTA Florida Demonstration Team at the World of Nations Celebration on May 3, 2008.



Belt Advancements

Congratulations to the following on their advancement at the last belt testing held on March 28 and 29. Mister Luque conducted the testing and the judges were Ms. Randi, Mister Wally, Mr. Snyder and Mister Ahn.

From White to Yellow Belt

Nicolas Luna	Alexandra Jaramillo	Gabriella Jaramillo
Xiomara Garcia	Margarida Berretta	Jennifer Smith
Jared Harris	Shayne Nielsen	Luke DelGuidice
Daniel Bradford	Michael Mahoney	Nicolas Venditti
Austin Pisula		

From White to Orange Belt

Hannah Kim	Sarah Kim
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From Yellow to Orange Belt

Euryl Forde	Tia Forde
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From Orange to High Orange Belt

Stephanie Prudencio	Javier Harris	Parker Thorlakson
Alex Goode		

From High Orange to Green Belt

Mary Woodring	Rose Glasheen	Thalia Rey
Hunter Hall	Ethan Hall	Jennifer Hellett
Bailey Alipio		

From Green to High Green Belt

Kyra Epps	Eden Meyer	Kelly Murphy
Beth Woodring	Parker Alipio	Michelle Lebron

From High Green to Purple Belt

Kelsey Alipio	Kiyomi Brinkley	Aaron Kingston
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Mary Elizabeth Williams

From Purple to High Purple Belt

John Davis	Lauren Brocksmith	Andrew Donelson
Vanessa White	Erin Brocksmith	Jay Kim
Race Williams	Marisa Alipio	Carrie McLeod

From High Purple to Blue Belt

Nam Nguyen	Rebecca Spencer	Beth Denis
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From Blue to High Blue Belt

Tyler Campbell	Zachariah Ignacio	
Jeremy Shafer	Andy Nguyen	Abby Spencer

From High Blue to Red Belt

Nicholas Aberio	Martin Aberio	Adrian Cartegena
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From Blue to Red Belt

Justin Tolstrup

From Middle Red to High Red Belt

Ikaika Midgley	Dean Martinez	Benjamin Martinez
Kalena Midgley		

Taylor Williams

Welcome New Students

KTA is pleased to welcome the following new students this past month.
Ginger Caruso – Adult Mariella Caruso - Age 9
Camilla Caruso - Age 6 Grace Hendrix – Age 6

Format for Next Belt Testing

Since the last belt testing went so well, the same general format will be used at the next testing cycle which is scheduled for Friday and Saturday, May 26-27. Youth 12 and under will test Friday with two sessions at 5:00PM and at 6:30 PM. All adults and students 13 and older will test on Saturday at 9:30 AM. **Make up tests will only be given for emergency situations.**

My Goal is Black Belt!

While any level of martial arts training can bring positive benefits to the growth and development of individuals at any age in life, there is nothing like achieving the personal goal of a WTF Kukkiwon 1st Degree Black Belt. A goal half reached is a goal not met, and a goal met is a reward that is forever yours.

There are many original KTA students who are well on their way to achieving that goal, and they are to be applauded on their perseverance. There are many who are just starting on the road to a Black Belt. They are to be encouraged by the success of others who have shown how Taekwondo has positively impacted their lives and raised their level of skill and conditioning.

To assist you in tracking your path to Black Belt, the following is a list of minimum time and the forms that each belt level learns in order to advance to the next belt. Also included in testing is kicking, board breaking hand movements, tumbling, etc.

White Belt – 2 months and Basic # 1

Yellow Belt – 2 months and Basic #2

Orange Belt – 2 months and Taeguek Il Jang

High Orange – 2 months and Taeguek Ee Jang

Green Belt – 2 months and Taeguek Sam Jang

High Green – 2 months and Taeguek Sa Jang

Purple Belt – 2 months and Taeguek Oh Jang

High Purple – 2 months and Il Jang and Oh Jang

Blue Belt – 2 months and Il, Ee, Oh and Yuk Jang

High Blue – 2 months and Il, Ee, Sam and Yuk Jang

Red Belt – 2 months and Il, Ee, Sam, Sa and Chil Jang

Middle Red – 2 months, Red Belt forms plus Oh Jang

High Red – 2 months, Middle Red forms and Yuk Jang

Recomm. Black – 6+ months, all forms and Pal Jang

Approx. 36 months to achieve 1st Degree Black Belt

1st Degree Black Belt 2 years, all forms and Koryo

NOTICE - To be eligible to test, one must attend at least 12 classes during the related 2 month belt testing cycle and a minimum 36 classes as a Recommended Black Belt.

Current Class Schedule

The basic class schedule remains the same with only minor modifications. The following schedule is provided as a reminder of the many options available to meet your personal schedule. Of course, private lessons are

Mon	Tue	Wed	Thu	Fri	Sat
11:30a		11:30a			9:00a
Adults		Adults			Advanced Training
	2:00p		2:00p		10:30a
	Adults		Adults		Demonstration Team
3:45p	3:45p	3:45p	3:45p		
Youth	Youth	Youth	Youth		
4:45p	4:45p	4:45p	4:45p	4:45p	
Youth	Youth	Youth	Youth	Youth Kicking	
5:45p	5:45p	5:45p	5:45p	5:45p	
Youth Adults	Youth Adults	Youth Adults	Youth Adults	Youth Sparring	
6:45p	6:45p	6:45p		6:45p	
Adults	Self Defense	Adults		Adult Sparring	
7:45p					
Adults					

available at other times according to your needs and desires. The mid-day classes are gaining in popularity and are a good option for adults who are available during the day.